

St. Paul's Hospital Annual Heart Centre
Nursing Education Day 2018

Thank you!

We would like to thank the following
sponsors for their support of this event.



Edwards



**A woman's heart:
simple or complex?**

Register at:

Events.eply.com/CardiacNursingDay20182307920

**More information regarding the event
can be found on the website:**

Dnordby.wixsite.com/hcnursing2018mysite

Date: June 8, 2018

Location: Robert H. Lee
Alumni Centre, UBC



#hcnursingday2018



HEART CENTRE

PROVIDENCE HEALTH CARE



How you want to be treated.

0745 - 0815 Registration

0815 - 0820 Welcome

0820-0830 Opening Remarks

Ms. Amanda Harvey
Director, Heart & Lung, Critical Care, Emergency

**0830-0915 Keynote : “I am woman, hear me roar!”
Differences in CVD in women**

Dr. Tara Sedlack MD, F.R.C.P.C.

- Describe differences in the etiology of CVD in men and women.
- Describe differences in the approach to risk stratification and prevention in men and women.

0915-0945 “Listen to your heart”

Primary prevention of cardiac diseases in women

Dr. Natasha Prodan- Bhalla BScN, MN/NP(A), DNP

- Review the risk factors for heart disease in women and prevention strategies.
- Discuss the recent paradigm shift in managing and treating women with obesity.

0945 - 1015 Refreshment break

1015 - 1100 “Young at heart”

Young women and IHD

Dr. Karin Humphries MBA, DSc

- Describe the epidemiology of CVD in young women and how it differs from men and older adults.
- Describe risk factors associated with development of CVD in young women.

**1100-1145 “Oh baby baby, how was I supposed to know?”
Pregnancy and heart disease**

Ms. Karen LeComte MSN, RN, CNCCP(C)

- Review hemodynamic changes in pregnancy.
- Appreciate risks associated with heart disease and pregnancy.
- Explore case examples and associated outcomes.

1145 - 1245 Lunch

1245-1315 “Un-break my heart.”

Women, CVD and depression

Dr. Quincy Young PhD, R.Psych

- Describe the most common emotional reactions to heart disease.
- Review the difference in prevalence rates of these emotional reactions for women.
- Discuss treatment strategies for women having these emotional reactions.
- Describe how to best support women with heart disease.

1315-1400 “You’re tearing up my heart.”

Spontaneous coronary artery dissection

Ms. Dione Nordby MSN, RN

- Describe current understanding of SCAD pathophysiology, management and impact.
- Explore nursing implications.

1400-1500 “Let’s hear it for the girls!”

Some last words from our patients

Moderator: Ms. Erica Johansson, BSN, RN

- Reflect on the experience of our patients.

1500-1530 Wrap up, prizes and evaluations

All